

5th International Conference on Traditional Medicine and Alternative Medicine	
Tentative Scientific Program - Day 1	
November 19, 2026 09:00 - 18:00 Barcelona, Spain	
09:00 - 10:00	Registrations & Opening Remarks
10:00 - 10:30	Plenary Forum
10:30 - 10:50	Networking & Refreshment Break
10:50 - 11:00	Group Photo
Technical Session - I [11:00 - 13:00]	
11:00 - 11:25	The Future of Integrative Nephrology: The Role of Traditional Chinese Medicine in Hemodialysis Care
	Dr. Yinghsu JUAN, Dalin Tzu Chi Hospital, Taiwan
11:25 - 11:50	The Effect of Myofascial Release on Stiffness and Elasticity of Scars in Women After Cesarean Section—A Pilot Study
	Dr. Piotr Ozog, Nicolaus Copernicus University in Torun, Poland
11:50 - 12:15	Structure-based discovery of kinetic stabilizers for transthyretin amyloidosis
	Prof. Salvador Ventura, Universitat Autònoma de Barcelona, Spain
12:15 - 12:40	Artichoke - source and availability of bioactive compounds. Clinical uses of artichoke leaf extract
	Prof. Andrzej Salata, University of Life Sciences in Lublin, Poland
12:40 - 13:00	Panel Discussion & Q&A
13:00 - 14:00	Lunch @ Restaurant
Technical Session - II [14:00 - 18:00]	
14:00 - 14:25	Assessment of factors influencing scar stiffness and elasticity parameters after cesarean section – a pilot study
	Dr. Agnieszka Radzimińska, Nicolaus Copernicus University in Toruń, Poland
14:25 - 14:50	Impact of Seasonal Variation on Antioxidant and Anti-Inflammatory Potentials of Cistus creticus Extracts
	Dr. Khalil Guelifet, ENS Kouba, Algeria
14:50 - 15:15	Employing Dance and Music as a Communal Therapeutic Technique for Psychosocial Health Management Among Southern African Indigenous Communities
	Dr. Khauhelo Succes Mahlatsi, Durban University of Technology, South Africa

15:15 - 15:40	Neural Mechanisms of Tai Chi for Improving Postural Stability in Prefrail Older Adults: A Resting-State fMRI Study
	<i>Prof. Cai Jiang, Fuzhou University, China</i>
15:40 - 16:00	Poster Presentations + Refreshment Break
16:00 - 16:25	Assessment of the effect of soft tissue mobilization on scars in patients after cesarean section using the Sanoscape E2 Ultrasound Scanner - a pilot study
	<i>Dr. Katarzyna Strojek, Nicolaus Copernicus University in Toruń, Poland</i>
16:25 - 16:50	Seasonal Variation in the Composition and Bioactivity of Essential Oils from Wild Rosmarinus officinalis L.
	<i>Dr. Slimani Khalid, University of Science and Technology Houari Boumediene, Algeria</i>
16:50 - 17:15	The prevalence of ‘Guboow’ among children in Somalia and the impact of socioeconomic factors: a cross-sectional study
	<i>Dr. Mohamud Eyow Ali, Mogadishu University, Somalia</i>
17:15 - 17:40	Healing Through Sound: Ancient Wisdom and Scientific Frontiers
	<i>Dr. Elsa Ramos Elias, Ayurvedic Practitioner, Herbalist, Spain</i>
17:40 - 18:00	Panel Discussion, Q&A & Day 1 Wrap-up
Tentative Scientific Program - Day 2	
November 20, 2026 10:00 - 17:00 Barcelona, Spain	
10:00 - 10:25	Morphine decreases the inhibitory effect of disulfiram on P-glycoprotein flippase by increasing its expression and ATP hydrolysis
	<i>Dr. Anna Lesniak, Medical University of Warsaw, Poland</i>
10:25 - 10:50	TBA
10:50 - 11:15	Drug–Target Binding Kinetics for Pulsed Drug Delivery
	<i>Dr. Xiaomin Shi, Shanghai University, China</i>
11:15 - 11:40	Bridging Nadi Pariksha and Arterial Hemodynamics via Multi-Sensor Fusion: A Review
	<i>Khushi Khumesh Rathod, P. V. Belhekar Ayurvedic Medical College, India</i>
11:40 - 11:50	Refreshment Break

11:50 - 12:15	Repurposing disulfiram as a potential drug for opioid-induced hyperalgesia: enhancement of Gi/o protein activation through disulfide bridge formation
	<i>Zuzanna Żelażewska, Medical University of Warsaw, Poland</i>
12:15 - 12:40	PFASs inhibits 17β-estradiol and progesterone secretion by reducing 3βHSD expression
	<i>Dr. Aleksandra Tatarczuch, Jagiellonian University, Poland</i>
12:40 - 13:05	The prevalence of ‘Guboow’ among children in Somalia and the impact of socioeconomic factors: a cross-sectional study
	<i>Dr. Mohamud Eyow Ali Wasuge, Somali-Turkey Training and Research Hospital, Somalia</i>
13:05 - 14:00	<i>Lunch @ Restaurant</i>
14:00 - 14:25	Slot Available
14:25 - 14:50	Slot Available
<i>Slots available Submit your abstract ASAP</i>	
<i>To reserve your presentation slot, kindly contact: zaraellison@unitedforum.uk</i>	
Note: Tentative agenda; subject to change.	